

ANNUAL REPORT

FISCAL YEAR
7/1/09 - 6/30/10

Sustainable Harvest International
www.sustainableharvest.org



FY10



Florence Reed with her son, Clay, in Panama.

PLANT
RESTORE FORESTS
NOURISH COMMUNITIES
HOPE

Dear Friends,

Looking back on this past year, I will never adequately be able to express my gratitude to all of SHI's participant families, staff (who took pay cuts to maintain the field work), volunteers (especially Board and committee members) and donors (who kept giving even when facing decreased income themselves). Working with the diverse members of the SHI family makes me confident that we are going to take our work to a whole new level in the year to come, just as the participating families will take their farms to new levels of productivity and sustainability.

Every member of the SHI family was needed last year to maintain our field work, while also improving our organization. One great step forward was deciding, with all four country programs, on a set of broad parameters for the five phases that culminate in graduation from our program. With that in place, I look forward to this coming year's implementation of a new system to better assess the impact of our work on forest preservation and poverty alleviation.

I hope you enjoy reading about last year's successes and feel proud of the part that you played in making it all possible.

Best regards,

Florence, President & Founder

THIS ANNUAL REPORT IS DEDICATED TO THE MEMORY OF DIANE SEAGREN, BOARD MEMBER EXTRAORDINAIRE. WE MISS HER GOOD COUNSEL, THOUGHTFUL ANALYSIS AND WILLINGNESS TO VOLUNTEER FOR ANYTHING. IT WAS SHI'S PRIVILEGE TO COUNT HER AS ONE OF OUR OWN.

THE NEED

In Central America, **malnutrition contributes directly to increased poverty** and, in the long term, it can have a negative effect on a country's economic growth of up to 3 percent of annual GDP.¹

The devastating cycle of **slash-and-burn farming** does not allow a family to meet their basic nutritional needs.



The burning of tropical forests produces nearly 1/5 of all greenhouse gas pollution, more than all the world's cars and trucks.²

PHOTO: There is nothing more disheartening than coming upon a forest destroyed by slash-and-burn farming, one of the main causes of deforestation in the tropics. Migratory farming is putting extreme pressure on threatened species of plants and animals by destroying fragile ecosystems, such as the forest above in Kukra River, Bluefields, Nicaragua.

OUR SOLUTION

Sustainable Harvest International has been working with families in **rural farming communities in Belize, Honduras, Nicaragua and Panama** since 1997. Our local field trainers work together with families, individuals and communities to preserve our planet's tropical forests while overcoming poverty. **Our five-phase approach** to solving the agricultural, ecological and economic problems of Central America is innovative, hands-on and long-term.

¹ World Bank, 2006 ² Environmental Defense Fund, 2009

PHASE 1 FAMILY SELECTION, ORIENTATION & PLANNING

- In Fiscal Year 2010 (FY10), SHI worked with **1,329 families** in **109 communities**.
- The median household income of a family starting work with SHI is **\$472 per year**.

"In the beginning, I didn't think we could do all the things our field trainer told us about, but now I am seeing the success of our hard work."

*- Guillermina Aragon,
Kukra Hill, Nicaragua*

PHOTO: Field Trainers visit families at their homes, such as the Canti family's in Belize.

PHASE 2

INTRODUCTION TO NUTRITION, ORGANIC FARMING & CROP DIVERSIFICATION

- In FY10, SHI planted **242,166 trees** in mixed forest and agroforestry systems, or on degraded and environmentally sensitive land.
- Participants across all four country programs farmed **1,043 acres** with sustainable and organic techniques.

"I always dreamed of having a well-stocked farm for my seven children, and now, with the help of SHI, my dream has become a reality."

- Ruth Briscida Martinez, Panama



PHOTO: A Belizean girl checks on her school's vegetable seedlings, sponsored by corporate partner, Annies Homegrown.

PHASE 3 ADVANCED CROP DIVERSIFICATION & INTRODUCTION TO BUSINESS



- New in FY10, **17 farming families** partnered with a Panama City business, *Culantro Rojo*, to start a C.S.A. (Community Supported Agriculture) program.
- In the first 9 months, the C.S.A. generated **\$3,500**. This paid **\$205** per family, **increasing their average annual income by 38%**.

PHOTO: SHI field truck doubles as the C.S.A. delivery vehicle in Panama.

PHASE 4

IDENTIFYING MARKETS & STRENGTHENING ENTREPRENEURIAL SKILLS

- In FY10, 5 new rural banks were formed: 2 in Nicaragua and 3 in Panama.
- Loans were primarily used for agricultural production & business start-up. The average loan given was \$78.

"Our goal is to prosper & improve what we are able to provide for our children."

*- Candelaria Rax,
Boom Creek, Belize*

PHOTO: Thanks to a micro-loan from their local rural bank, this boy's family is part of a cooperative working with SHI-Panama making sugar cane patties to sell at a local market.

PHASE 5 FAMILY GRADUATION

- In FY10, SHI-Panama celebrated graduation with **30 farming families**.
- Households reported an additional \$260 in family annual income at the time of their graduation.

PHOTO: This family in Los Trasceros, Santa Barbara, Honduras, proudly stands among their organic cabbages outside their home.



"SHI has been the best organization to teach our family and community because we now farm without burning land. We learned to conserve trees, protecting our water and soil."
— Alba Luz Mena (left), graduate from Santa Barbara, Honduras



Our
SMALLER WORLD TOURS

program supports farming communities in Central America by providing meaningful, community-based, service-learning experiences.

PHOTO: Smaller World volunteers are working with students in Stann Creek District, Belize, on an organic garden at the Bladen community school.



- In FY10, volunteers donated **\$48,236** to our programs as part of Smaller World registration fees.
- SHI hosted **18 trips** to Belize, Honduras, Nicaragua & Panama, with more than **300 volunteers**.

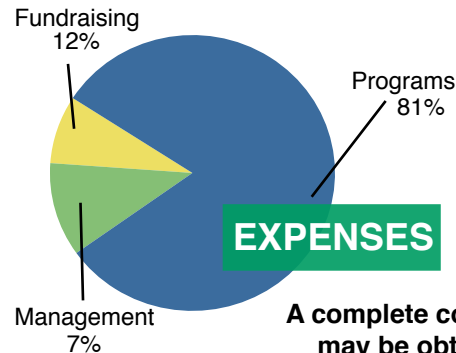
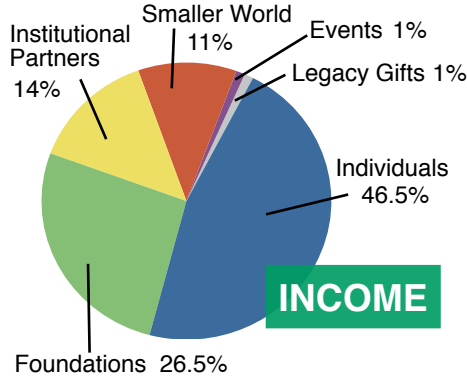
"We were amazed to see the profound difference low cost, sustainable practices can make for the well being of communities."

- Jill Edens, UCC Chapel Hill, NC

FISCAL YEAR 2010

STATEMENT OF ACTIVITIES & CHANGES IN NET ASSETS FOR THE PERIOD JULY 1, 2009 THROUGH JUNE 30, 2010

	Unrestricted	Temporarily Restricted	Total
REVENUES, GAINS, AND OTHER SUPPORT			
Contributions	\$ 1,105,416	\$ 491,945	\$1,597,361
Contributions – Non-cash	97,599	-	97,599
Other Revenues	2,022	-	2,022
Gain from Sale of Securities	254	-	254
Investment Income	<u>6,825</u>	<u>—</u>	<u>6,825</u>
TOTAL REVENUES, GAINS, AND OTHER SUPPORT	1,212,116	491,945	1,704,061
Net Assets Released from Restrictions	<u>531,699</u>	<u>(531,699)</u>	<u>—</u>
TOTAL REVENUES, GAINS, OTHER SUPPORT, AND NET ASSETS RELEASED FROM RESTRICTIONS	1,743,815	(39,754)	1,704,061
EXPENSES AND LOSSES			
Loss from Sale of Securities	320	-	320
Program Expense	1,557,768	-	1,557,768
Management & General Expense	145,238	-	145,238
Fundraising Expenses	<u>225,447</u>	<u>—</u>	<u>225,447</u>
TOTAL EXPENSES AND LOSSES	<u>1,928,773</u>	<u>—</u>	<u>1,928,773</u>
CHANGE IN NET ASSETS			
Change in Net Assets	(184,958)	(39,754)	(224,712)
Net Assets, Beginning of Year	<u>405,349</u>	<u>308,858</u>	<u>714,207</u>
Net Assets, End of Year	<u>\$ 220,391</u>	<u>\$ 269,104</u>	<u>\$ 489,495</u>



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A complete copy of our financial statements may be obtained by contacting our office.

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July 1, 2009 through

THANK

We would like to express our sincere thanks to all the individuals and families who supported our families in Central Florida last year. Your donations have been a success of our mission ensuring a healthy future for the planet and its people.

gh June 30, 2010

K YOU

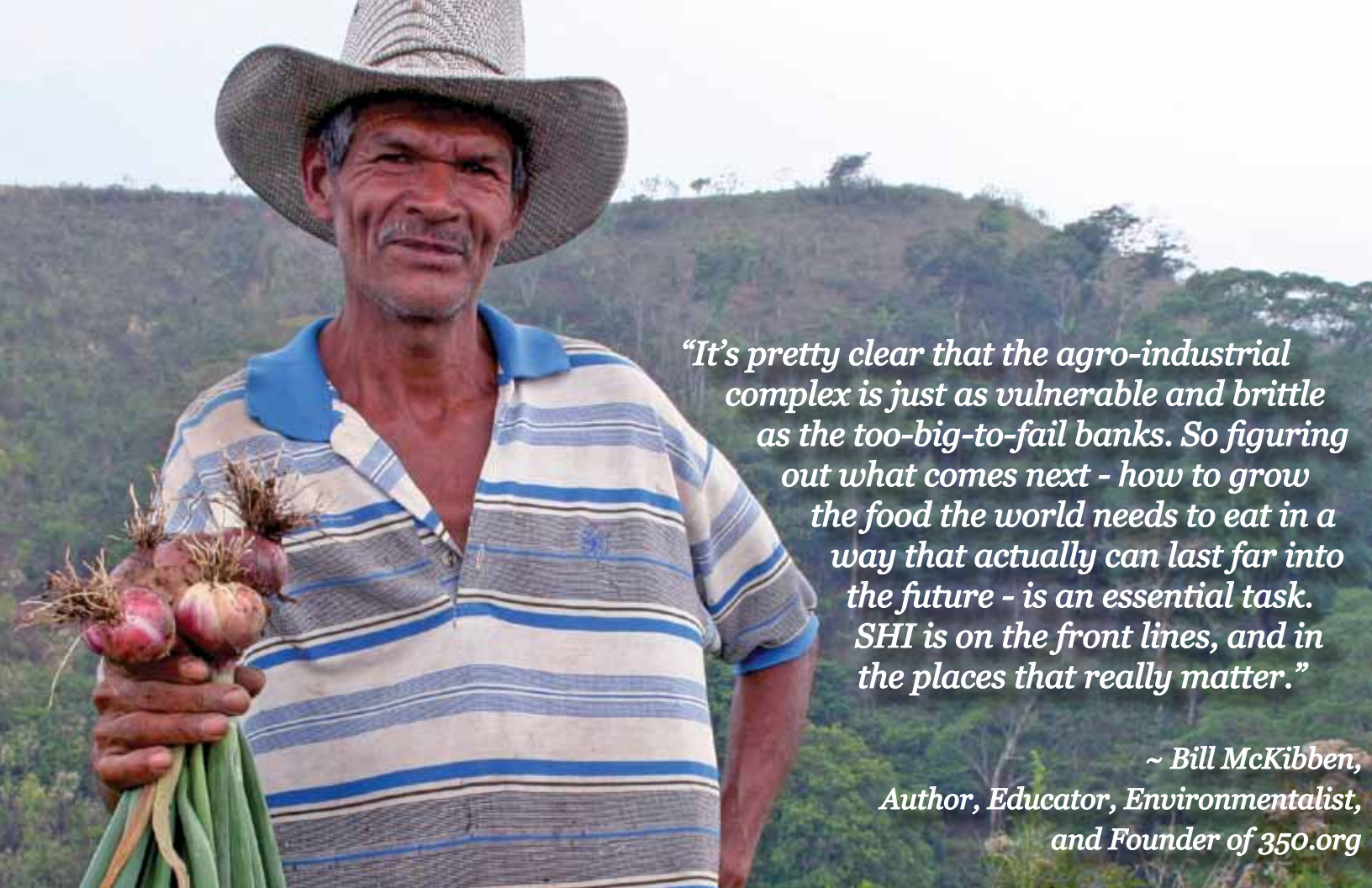
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Bold denotes Corporate, Community or Foundation Partners



“It’s pretty clear that the agro-industrial complex is just as vulnerable and brittle as the too-big-to-fail banks. So figuring out what comes next - how to grow the food the world needs to eat in a way that actually can last far into the future - is an essential task. SHI is on the front lines, and in the places that really matter.”

*~ Bill McKibben,
Author, Educator, Environmentalist,
and Founder of 350.org*

*...Providing farming families in Central America
with the training and tools to preserve our planet's
tropical forests while overcoming poverty.*



Sustainable Harvest International
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